

Booking Form

To make a booking please complete form and return payment to:
Amanda Simpson, 31 Garrett Close, Kingsclere, Newbury RG20 5SD

HSBC Bank | Account No: 12044846 | Sort Code: 40-34-12

Please put your child's name as reference followed by
DS for Downs School lessons or MH for Mary Hare

Cheques made payable to 'Aqua Blue'

Please ensure you complete a booking form each term. Your place will only be secured once we have received your form and full payment. Thank you.

Name of Parent / Guardian:

Address:

Mobile:

You will be notified by SMS if lessons are not going ahead for any reason

Home Tel:

Email:

Name of Child	Date of Birth	Stage	Day	Time	Price

SWIMMING COURSE SIBLING DISCOUNT

2 children Deduct £10.00 from total
3 Children Deduct £20.00 from total

Sibling discount:

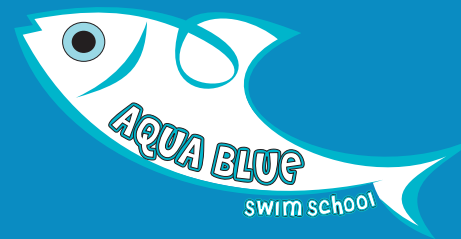
Aqua Blue Swimming Hat £4 each:

Total:

Does your child suffer from any medical / behavioural condition that the teacher should be made aware of? Yes / No

If Yes, please give details:

How did you hear about Aqua Blue?



We are an ASA affiliated swim school

www.aquablue.org.uk



Summer Term: April - July 2016

The Swim School for Children in West Berkshire & South Oxfordshire

The Downs School, Compton & Mary Hare School, Newbury

Amanda Simpson: ☎ 01635 299680 | 📠 07776 077050

Beth Bevan: ☎ 01635 200272 | 📠 07809 694361

✉ hello@aquablue.org.uk

Children's swimming classes from April - July 2016

*Only 6 children per class except Training Hour / Stage 7

**Priority booking for those already attending the course until 18th March
AFTER THIS DATE ALL AVAILABLE SPACES WILL BE OFFERED TO OUR WAITING LIST**

Mary Hare Swimming Lessons

SUNDAYS				WEDNESDAYS			
10 Week Course 17th April - 3rd July HALF TERM 29TH MAY & 5TH JUNE				12 Week Course 13th April - 6th July HALF TERM 1ST JUNE			
	Beth	Amanda	Anna*		Beth	Amanda	Rebecca*
9.00-9.30am	Stage 1	Stage 6	Stage 2	4.30-5.00pm	Stage 5	Stage 3	Stage 1
9.30-10.00am	Stage 3	Stage 4	Stage 3	5.00-5.30pm	Stage 4	Stage 5	Stage 2
10.00-10.30am	Stage 5	Stage 3	Stage 3	5.30-6.00pm	Training Hour	Stage 5	
10.30-11.00am	Stage 4	Stage 5	Stage 1	6.00-6.30pm		Stage 6	
10 Week Course £100 per child				12 Week Course £120 per child			

Downs School Swimming Lessons

TUESDAYS				THURSDAYS			
13 Week Course 12th April - 12th July HALF TERM 31ST MAY				13 Week Course 14th April - 14th July HALF TERM 2ND JUNE			
	Beth	Amanda	Jo		Beth	Amanda	Jo
4.30-5.00pm	Stage 1	Stage 3	Stage 5	4.30-5.00pm	Stage 5	Stage 2	Stage 3
5.00-5.30pm	Stage 2	Stage 4	Stage 5	5.00-5.30pm	Stage 5	Stage 3	Stage 4
5.30-6.00pm	Stage 5	Stage 3	Stage 4	13 Week Course £130 per child			
6.00-6.30pm	Stage 1	Stage 4	Stage 5				
13 Week Course £130 per child							

* Anna & Rebecca are Level 1 qualified teachers who will teach a max of 3 children under supervision of Beth or Amanda.

The ASA National Plan for Teaching Swimming

STAGE 1 (Age 4 years +) Complete beginner. Developing basic safety awareness, basic movement skills and water confidence skill. Swimmers may use arm bands, woggles, etc.

STAGE 2 (Age 4 years +) Developing safe entries to the water, including jumping in, basic floating, travel and rotation unaided to gain upright positions.

STAGE 3 (Age 4 years +) Developing safe entries including submersion, learn to travel up to 10 metres on front and back, progress rotation skills and water safety knowledge.

STAGE 4 (Age 5 years +) Developing the understanding of buoyancy through a range of skills, refining kicking technique for all strokes, and swimming 10 metres to ASA standards.

STAGE 5 Developing 'watermanship' through sculling and treading water skills, and complete rotation, also performing all strokes to ASA standard. In addition to this course we will be working on the 25 metre distance that all children of primary school age need to pass before they leave Primary School. Booster class. Brownie Swimmer Badge & Cub Swimmer 1 Badge.

STAGE 6 Developing effective swimming skills including coordinated breathing, developing the water safety aspects and understanding of preparation for exercise. Plus Cub Swimmer 2 badge.

STAGE 7 Developing quality stroke technique up to 100 metres, incorporating skills learnt and combining them to develop a linked routine and complete successfully an obstacle course that combines a variety of skills accomplished through stages 1 to 7. Plus Brownie advanced Swimmer badge.